



Today's special
Apple ladybugs

ingredients (per child)

2 red apples
¼ cup raisins
1 tbsp peanut butter
8 thin pretzel sticks

materials (per child)

1 plate
1 butter knife
1 sharp knife for the adult

1- With help from an adult, slice the apples in half from top to bottom.

2- Scoop out the cores using a knife or fruit baller. If you have an apple corer, core them first, then slice them.

3- Place each apple half flat side down on a small plate.

4- Dab peanut butter onto the back of the 'ladybugs', then stick raisins onto the dabs for spots.

5- Do the same thing to make the ladybug's eyes.

6- Stick one end of each pretzel into a raisin, and then press the other end into the apples to make antennae.

Now you have a delicious ladybug snack!
Enjoy!

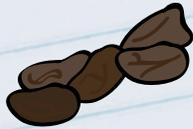




→ Can you unscramble the letters and write the correct word?



edr aslpep



inasirs



pnutae tebtru

